

Free

**3 mile walk from
Great Missenden**

Great Walks in the Chiltern District

This walk rises up the side of the Misbourne valley to 630 feet, with views over the Chilterns Area of Outstanding Natural Beauty. Ordinary shoes are suitable in dry weather, but some paths are quite muddy for a few days after rainfall. The walk starts either from the Chiltern Line Station or from the car park off Link Road in the centre of the village.



**Public
Footpath**



The Ramblers



Chiltern
District Council



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0.1 0.05 0 0.1 Miles

From the car park (1) walk along the High Street passing a number of old pubs and houses.

At Whitefield Lane, follow the Public Footpath sign along a tarred path. At the end, turn right up past The Misbourne School entrance to a row of garages ahead. The footpath on the left goes over a railway bridge (2) leading into a large field with farm buildings on the far hill. Walk between the wooden fences down and up to the top of the hill where you reach a tarred roadway at Sedges Farm (3). There is a good view over the Misbourne Valley behind you.

Turn right onto the grass path alongside the road past the farmhouse and continue for another 600 yards between fields. When the road turns left, you turn right onto a bridleway between trees. Follow this down to the bottom and pass through the kissing gate on your left into Atkins Wood. After only 30 yards, bear half right up (4) and across the wood along an indistinct path between trees, until you come to the far side of the wood. (White arrows painted on some trees may help guide you). Bear left onto a wider path and continue to the end of the wood and into a large field. Follow the footpath ahead alongside the hedge on your right, bearing round to the right and then left and you come to a metal gate at the corner of the field. Turn right and pass in front of Andlows Farm (5).

Pass through a white gate at the end and turn right along a tarred track for 100 yards. Take the earth track to the left of the last gate and walk between fields, passing a wood to your left, for half a mile. Follow the track as it bears right, keeping to the edge of the wood to arrive at extensive views down to the village of Great Missenden, the tower of St Peter and Paul's Church and across the valley towards South Heath.

Turn left (6) just before the road onto a footpath leading steeply down into the wood to the dry valley at the bottom. Cross the stile to your right and walk along the side of the field with a wire fence to your right and continue to the stony road ahead. Turn right and then after 50 yards left under the railway to come back to the High Street, where there are pubs, cafes, restaurants and the Roald Dahl Museum.

Simply Walk

These leaflets have been written to encourage you to be more active more of the time!

Walking is a great way to improve your health, it can help to:

Reduce your risk of coronary heart disease and diabetes and reduce high blood pressure
Increase life expectancy, mood, confidence and stamina, help you to lose weight.....and it is free!

Experts recommend you to try and walk for 30 minutes at least 5 times a week to benefit your health....walk briskly for the best results, so that you can still talk but are getting warmer.

For those of you who are less active and want to start slowly there is a programme of short (1-2 miles) led walks to get you started.

For more information please contact Simply Walk on 01494 475367

Email: simplywalks@buckscc.gov.uk

or visit website: www.buckscc.gov.uk/rights_of_way

If you would like to know more about the local group of the Ramblers Association, or would like to know of more walks in the Chiltern District, please call Madeline Moody on **01494 727504** or look on the website **www.ramblers.org.uk** and click on local groups

There are many more walks within the Chiltern District, which are detailed in a number of leaflets and publications.

There are a number of books covering walks, including themed walks from pubs and tearooms. Many of these are available from tourist information centres, bookshops or your local library.

For more information, please ring the Tourist Information Centre at High Wycombe on **01494 421892**

Or contact the Marketing and Tourism Officer at Chiltern District Council on **01494 732023**

All our walks leaflets and visitor information can be found on our website at

www.chiltern.gov.uk

If you enjoyed this walk your feedback and future recommendations would be most appreciated.

Email: tourism@chiltern.gov.uk



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District Council

