

Free

3 mile walk from Chesham Town Centre

Great Walks in the Chiltern District

This walk starts either from the car park in the centre of Chesham or from Chesham Metropolitan Line Station. The walk rises steeply out of the town to rolling countryside 570 feet high with extensive views over the Chilterns Area of Outstanding Natural Beauty and returns along the River Chess. Normal shoes are suitable, although some paths may become muddy for some days after rainfall. Yellow arrows on stiles and posts may guide you. Some of the stiles may have been replaced by kissing gates.



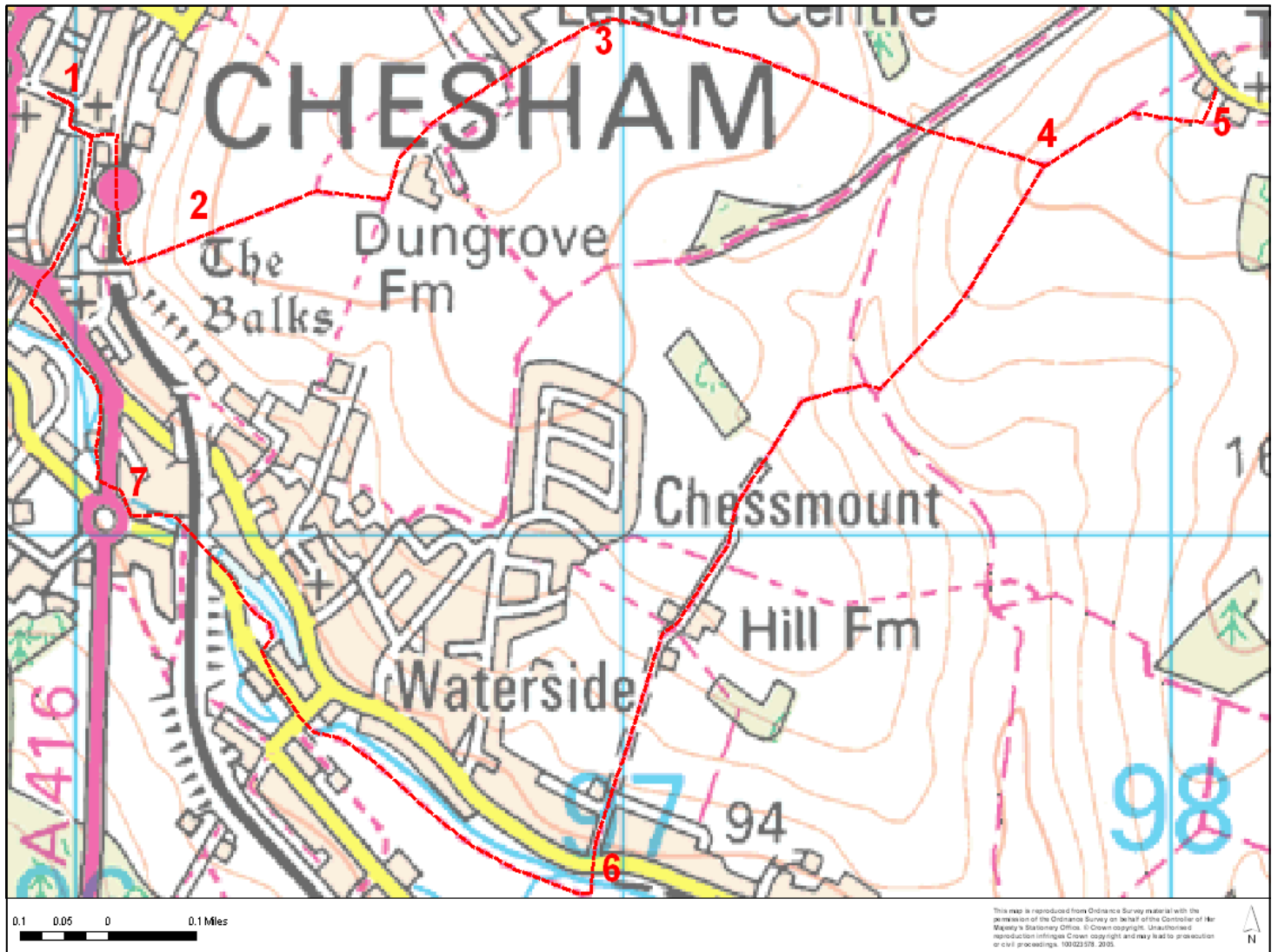
**Public
Footpath**



The Ramblers



Chiltern
District Council



From the entrance of the car park, turn right into Broadway (1). Turn right at the War Memorial into the High Street and then take the first left up Station Road. Turn right towards the Station at the top of the hill. From the Station, go along the footpath to the right of the station exit (as you look at the station). After 200 yards, cross the railway by a bridge, turn right, then double back up to your left alongside railings. Turn right again through a wood up a steep path. At the top (2), cross the stile, then look back down into the Chess Valley, Chesham, Lowndes Park and 12th century St Mary's Church.

Continue straight ahead across the centre of the field and pass through just one metal kissing gate at the far side. Walk ahead along the wooden fence and pass through the next gate on your left to walk alongside Dungrove Farm. Pass through the gate at the end and walk across the middle of a grassy field to reach a gate just to the right of some houses. Pass through this gate, cross the farm track and continue ahead along a row of trees at the back of gardens and then past the playing fields of Leisure Centre (3). The path bends round to the right and then continues straight ahead across the middle of the field in front, dipping down to a stile almost hidden amongst the trees on the far side. Go down the steep slope to the bottom of a dry valley. A bridleway, Bottom Lane, runs through this valley.

Cross the bridleway and climb up the other side of the valley with the hedge on your left. At the top, there are extensive views towards Latimer and Chenies. Turn left (4) in front of the hedge here and walk along beside it to the kissing gate. Walk across the next field, making for the houses of the delightful hamlet of Tylers Hill. Here are a few houses, St. George's Church and a cemetery in a secluded setting, formerly associated with brickmaking in this area (5).

Go back across the same field, pass through the gate and walk alongside the same hedge to the end. Here you continue in the same direction alongside an intermittent hedge, with fine views across the Chiltern Hills all around. This is a very peaceful and quiet setting away from the villages and towns. Then you drop down to another dry valley with a bridleway called Pump Lane. Cross this and go up the path almost opposite, which joins a farm track leading to Hill Farm. Pass the farm buildings and continue down the track, to the right of the bungalow, to Waterside. You join Hill Farm Road and reach the valley of the River Chess, where you can look up to Chesham Bois Wood. At the bottom of the hill, cross the main road with care and go down the path opposite to the river flowing over a weir.

A board nearby tells of the former Canons' Mill here. Cross the river and turn immediately right (6).

You now follow close by the river for the next mile back to the town centre. Walk along the footpath between the two stretches of the river until you come to the corner of an open field called the Chesham Moor Field. Go across the field, keeping close to the river, to a small footbridge near the road. Cross this and go along the tarred path opposite, passing tennis courts and a swimming pool. Take the footpath on the right opposite this play area and turn left along this side of the river again. This joins Moor Road under the railway bridge and reaches a roundabout at Friedrichsdorf Corner on the A416. Cross this with care to the right of the roundabout, noting the millennium artwork on the brick wall (7). Turn left onto the footpath that should take you into Meades Water Gardens, which was once the site of a mill and is now a public recreational garden. Follow the winding path by the riverside, without crossing the river, and you eventually come to Duck Alley (you see the name at the end). Turn right at the end and walk along the road to the pedestrian traffic lights. Cross here and walk ahead along the traffic-free High Street to either the Station on your right or the car park on your left.

Simply Walk

These leaflets have been written to encourage you to be more active more of the time!

Walking is a great way to improve your health, it can help to:

Reduce your risk of coronary heart disease and diabetes and reduce high blood pressure
Increase life expectancy, mood, confidence and stamina, help you to lose weight.....and it is free!

Experts recommend you to try and walk for 30 minutes at least 5 times a week to benefit your health....walk briskly for the best results, so that you can still talk but are getting warmer.

For those of you who are less active and want to start slowly there is a programme of short (1-2 miles) led walks to get you started.

For more information please contact Simply Walk on 01494 475367

Email: simplywalks@buckscc.gov.uk

or visit website: www.buckscc.gov.uk/rights_of_way

If you would like to know more about the local group of the Ramblers Association, or would like to know of more walks in the Chiltern District, please call Madeline Moody on **01494 727504** or look on the website **www.ramblers.org.uk** and click on local groups

There are many more walks within the Chiltern District, which are detailed in a number of leaflets and publications.

There are a number of books covering walks, including themed walks from pubs and tearooms. Many of these are available from tourist information centres, bookshops or your local library.

For more information, please ring the Tourist Information Centre at High Wycombe on **01494 421892**

Or contact the Marketing and Tourism Officer at Chiltern District Council on **01494 732023**

All our walks leaflets and visitor information can be found on our website at

www.chiltern.gov.uk

If you enjoyed this walk your feedback and future recommendations would be most appreciated.

Email: tourism@chiltern.gov.uk



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